

# WISHA 10 for Agriculture



*WISHA 10 for Agriculture is a new training class designed for workers to help increase their knowledge of safety and health in agriculture jobs.*

## **Learn to avoid the “Top 5” agricultural hazards:**

- Struck by machinery or an object
- Falls from heights
- Caught in or between moving objects
- Pesticide exposure
- Improper use or lack of personal protective equipment (PPE)

## **10 hours of specialized training at no cost:**

- Suitable for entry-level workers.
- Available in English and Spanish.
- Classes are held over two days, for a total of 10 hours class time (plus breaks and lunch).
- Participants receive a WISHA 10 for Agriculture certification card and certificate of completion.
- Instruction includes presentations, videos, handouts, and interactive exercises.



Washington State Department of  
**Labor & Industries**

*Division of Occupational Safety and Health*

## Class topics include:

- Washington Industrial Safety and Health Act (WISHA) and Safety Standards for Agriculture
- Tractor safety
- Machine Guarding
- PPE
- ATV Safety
- Pesticide Safety (Worker Protection Standard)
- Orchard Ladders
- Field Sanitation
- Outdoor Heat Exposure
- Preventing Sprains and Strains
- Cholinesterase Testing
- Filing a Workers' Compensation Claim

**This course is available to non-profit organizations free of charge.**

**This training class is voluntary. It does not meet the employer training requirements contained in the WAC standards.** Some employers, unions, and various other jurisdictions may require workers to have this training to work on job sites and to fulfill their own safety training goals.

For more information, go to [www.Lni.wa.gov/Safety/TrainingPrevention/WISHA10](http://www.Lni.wa.gov/Safety/TrainingPrevention/WISHA10) or contact:

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Division of Occupational Safety and Health



[www.Lni.wa.gov/Safety](http://www.Lni.wa.gov/Safety)

**1-800-423-7233**

*Upon request, foreign language support and formats for persons with disabilities are available.*

*Call 1-800-547-8367. TDD users, call 360-902-5797.*

*L&I is an equal opportunity employer.*